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Education

Ph.D, University of Georgia
(2000)
M.A. Dalhousie University
(1997)
B.A., University of Victoria
(1991)
Certificate, Therapeutic
Recreation Program, Douglas
College (1984)

Feel Free to Browse!

Hi everyone. The articles listed below are based on research conducted over the last two decades. I've been lucky to have collaborated with many inspiring researchers and community partners over this time. In some way or another most of the articles reflect my enduring interest in the important role leisure can have in people's lives. If you want to receive any of the articles, just ask! I'd be honored.

Employment

From 2004 to Present

Associate Professor • School of Health and Human Performance
Dalhousie University

From 2012 to Present

Interprofessional Education Coordinator • School of Health and Human Performance
Dalhousie University

From 2000-2004

Assistant Professor • School of Hotel, Restaurant and Recreation Management
Pennsylvania State University

From 1984-1995

Recreation Therapist • Gorge Road Hospital
Greater Victoria Hospital Society

Research Articles

Hutchinson, S. & Lauckner, H. (2020). Recreation and collaboration within the Expanded Chronic Care Model: Working towards social transformation. *Health Promotion International: Perspectives Section*.

White, C., **Hutchinson, S.**, Gallant, K., & Hamilton-Hinch (2020). Beyond the barriers: First voice perspectives on facilitators or leisure participation. *Canadian Journal of Community Mental Health*.

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- Hutchinson, S.**, Lauckner, H., Gallant, K., Stilwell, C., & Meisner, B. (2019). What does it take to build sustainable intersectoral **recreation** initiatives? Learning from the Consolidated Framework for Implementation Research (CFIR). *Leisure/Loisir*. 43(3), 291-315.
- Reid, C., Murphy, A., **Hutchinson, S.** & Sullivan, A. M. (2018). Promising practices in therapeutic recreation: Contributions to Canada's National Recreation Framework. *Leisure/Loisir*, 42(4), 425-451. DOI: 10.1080/14927713.2019.1581995
- Hutchinson, S.**, & Fenton, L. (2018). Promising practices for making recreation programming matter for people who experience mental illness. *Community Mental Health Journal*, 54(4), 496-505. DOI: 10.1007/s10597-017-0157-0
- Hutchinson, S.**, Lauckner, H., Meisner, B. A., Gallant, K., & Silversides, C. (2017). Fostering self-determination and sense of belonging through leisure education: Reflections on the Steps to Connect program. *Society & Leisure/Loisir & Société*, 40(3), 360-376.
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- Lauckner, H. & **Hutchinson, S.** (2016). Peer support for people with chronic conditions in rural areas: A scoping review. *Rural and Remote Health*, 16(1), 1-14.
- Hutchinson, S.** & Gallant, K. (2016). Can senior centres be contexts for aging in third places? *Journal of Leisure Research, Special Issue: Leisure in Later Life*, 48(1), 50-69.
- Gallant, K. & **Hutchinson, S.** (2016). Perceptions of power within a membership-based seniors' community center. *Leisure Sciences*, 38(4), 357-372.
- Adulv, A., Packer, T., **Hutchinson, S.**, Roger, K. S., & Kephart, G. (2016). Coping, adapting or self-managing – what is the difference? A concept review based on the neurological literature. *Journal of Advanced Nursing*. doi: 10.1111/jan.13037

- Weeks, L. E., Villeneuve, M. A., **Hutchinson, S.**, Roger, K., Versnel, J., & Packer, T. (2015). What we learned about mentoring research assistants employed with a complex mixed methods health study. *Canadian Journal of Higher Education*, 45(4), 207-228.
- Hutchinson, S.** & Warner, G. (2014). Older adults' use of SOC strategies for leisure participation following an acute health event: Implications for recreation service delivery. *Journal of Park and Recreation Administration*, 32(1), 80-95.
- Roger, K., Wetzel, M., **Hutchinson, S.**, Packer, T., & Versnel, J. (2014). "How can I still be me?": Strategies to maintain a sense of self in the context of a neurological condition. *International Journal of Qualitative Studies of Health & Well-being*, 9: 23534 - <http://dx.doi.org/10.3402/qhw.v9.23534>
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- Hutchinson, S.** & Robertson, B. (2012). Leisure education: A new goal for an old idea whose time has come. *Pedagogía Social: Revista interuniversitaria*, 19, 127-139.
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- Sanford-Son, J. & **Hutchinson, S.** (2009). Conceptualizing leisure self-care in an exploratory study of American Indian elders' leisure. *Leisure/Loisir*, 33(2), 479-509.
- Hutchinson, S.**, Bland, A., & Kleiber, D. A. (2008). Leisure and stress-coping: Implications for therapeutic recreation practice. *Therapeutic Recreation Journal*, 42(1), 9-23.
- Lawson, S., Delamere, F. M., & **Hutchinson, S.** (2008). A personal narrative of involvement in post-traumatic brain injury rehabilitation: What can we learn for therapeutic recreation practice? *Therapeutic Recreation Journal*, 42(4), 236-250.
- Kleiber, D., Reel, H., & **Hutchinson, S.** (2008). When distress gives way to possibility: The relevance of leisure in adjustment to disability. *NeuroRehabilitation*, 23(3), 321-328.
- Hutchinson, S.**, Yarnal, C. M., Sanford-Son, J., & Kerstetter, D. (2008). *Beyond fun and friendship: The Red Hat Society® as a coping resource for older women.* *Ageing & Society*, 28(7), 979-999.
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- Ellis, J. M., Braff, E., & **Hutchinson, S.** (2001). Youth recreation and resiliency: Putting theory into practice in Fairfax County. *Therapeutic Recreation Journal*, 35(4), 307-317.
- Hutchinson, S.**, & Dattilo, J. (2001). Processing: Possibilities for Therapeutic Recreation. *Therapeutic Recreation Journal*, 35(1), 43-56.
- Hutchinson, S.**, & Samdahl, D. (2000). Reflections on the “voice of authority” in leisure research and practice. *Society & Leisure*, 23(1), 237-250.
- Hutchinson, S.**, & Kleiber, D. A. (2000). Heroic masculinity following spinal cord injury: Implications for therapeutic recreation practice and research. *Therapeutic Recreation Journal*, 34(1), 42-54.

Book Chapters

- Hutchinson, S.** (2016). Leisure-based stress coping. H. Porter (Ed.), *Recreational Therapy Handbook of Practice series*.
- Hutchinson, S.** (2013). A reader’s reflections on women’s friendships. K. Henderson, S. Shaw, V. Freysinger, & D. Bialeschki, (Eds.),

Women, gender, and leisure (3rd ed). State College, PA: Venture Publishing.

Kleiber, D. A. & **Hutchinson, S.** (2011). Making the best of bad situations: The value of leisure in coping with negative life events: In L. Payne, B. Ainsworth & G. Godbey (Eds.), *Leisure, health and wellness: Making the connections* (pp. 155-164). State College, PA: Venture Publishing.

Hutchinson, S. (2009). Walking the tightrope, juggling and slow dancing: Metaphors for building effective therapeutic relationships. N. Stumbo (Ed.), *Professional issues in therapeutic recreation. On competencies and outcomes* (2nd ed.). Champaign, IL: Sagamore Publishing.

Yarnal, C. M., Kerstetter, D., Chick, G., & **Hutchinson, S.** (2009). The Red Hat Society: An exploration of play and masking in older women's lives. In D. Kushner (Ed.), *Play & Culture Studies (Vol. 8: From Children to Red Hatters)*. Lanham, ML: University Press of America.

Please feel free to contact me!